

A dark, blue-toned image of a long, empty hallway. The floor is a grid pattern, and the walls have arched doorways. A bright light source is visible at the end of the hallway, creating a lens flare effect. The overall atmosphere is mysterious and somewhat ethereal.

IN THE NAME OF GOD

QUANTUM ZENO EFFECT



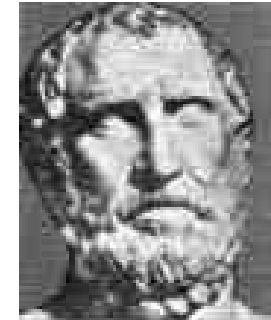
QZE : Quantum Zeno Effect

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- ❑ Nonselective measurements
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Zeno of Elea

Zeno was an Eleatic philosopher, a native of Elea in Italy,
He was born about 488 BC.



Achilles and the tortoise

In a race, the quickest runner can never overtake the slowest,
since the pursuer must first reach the point whence the
pursued started, so that the slower must always hold a lead.



The flying arrow is at rest

At any given moment it is in a space equal to its own
length, and therefore is at rest at that moment. So, it is at
rest at all moments. The sum of an infinite number of these
positions of rest is not a motion.



Introduction

$$\mathcal{A}(t) = \langle \psi_0 | \psi(t) \rangle = \langle \psi_0 | e^{-iHt} | \psi_0 \rangle$$

$$p(t) = |\mathcal{A}(t)|^2 = |\langle \psi_0 | e^{-iHt} | \psi_0 \rangle|^2$$

$$|\psi(\delta t)\rangle = e^{-iH\delta t} |\psi_0\rangle = |\psi_0\rangle + |\delta\psi\rangle$$

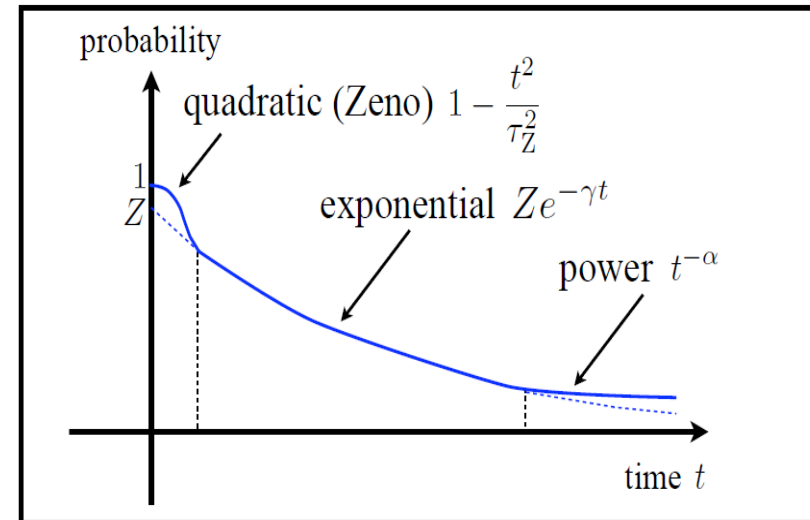
$$\mathcal{A}(\delta t) = 1 - i\langle H \rangle_0 \delta t - \frac{1}{2} \langle H^2 \rangle_0 (\delta t)^2$$

$$p(\delta t) = 1 - \frac{(\delta t)^2}{\tau_Z^2} + O((\delta t)^4)$$

$$\tau_Z^{-2} \equiv \langle H^2 \rangle_0 - \langle H \rangle_0^2$$

$$p^{(N)}(t) = p(\tau)^N = p(t/N)^N$$

$$\stackrel{N \text{ large}}{\sim} [1 - (t/N\tau_Z)^2]^N \sim \exp(-t^2/N\tau_Z^2) \xrightarrow{N \rightarrow \infty} 1$$





Quantum Zeno effect: fundamentals

Consider a quantum system Q , whose states are in \mathcal{H} . Time evolution $U(t) = \exp(-iHt)$.

P a projection operator $[P, H] \neq 0$, and $P\mathcal{H} = \mathcal{H}_P$ its eigenspace.

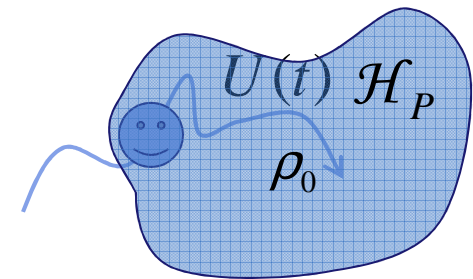
Initial density matrix ρ_0 in \mathcal{H}_P : $\rho_0 = P\rho_0P$, $\text{Tr}[\rho_0P] = 1$

Perform a measurement at time τ , in order to check whether Q has "survived".

$$\rho_0 \longrightarrow \rho(\tau) = PU(\tau)\rho_0U(\tau)^\dagger P,$$

with probability

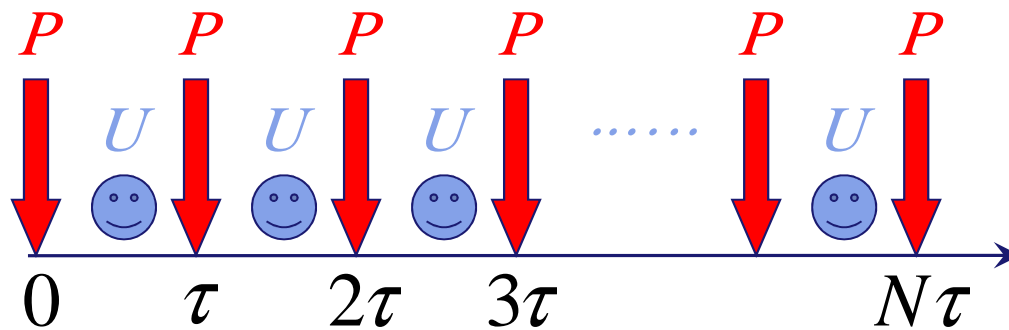
$$p(\tau) = \text{Tr}[U(\tau)\rho_0U(\tau)^\dagger P] = \text{Tr}[V(\tau)\rho_0V(\tau)^\dagger], \quad V(\tau) = PU(\tau)P$$





QZE: fundamentals

Prepare Q in the initial state ρ_0 at time 0 and perform a series of P -observations at times $\tau_j = jt / N = j\tau$, ($j = 1, \dots, N$).



$$\rho^{(N)}(t) = V_N(t)\rho_0V_N^\dagger(t), \quad V_N(t) = [PU(t/N)P]^N$$

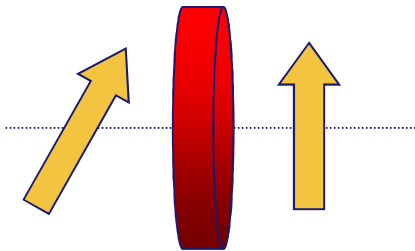
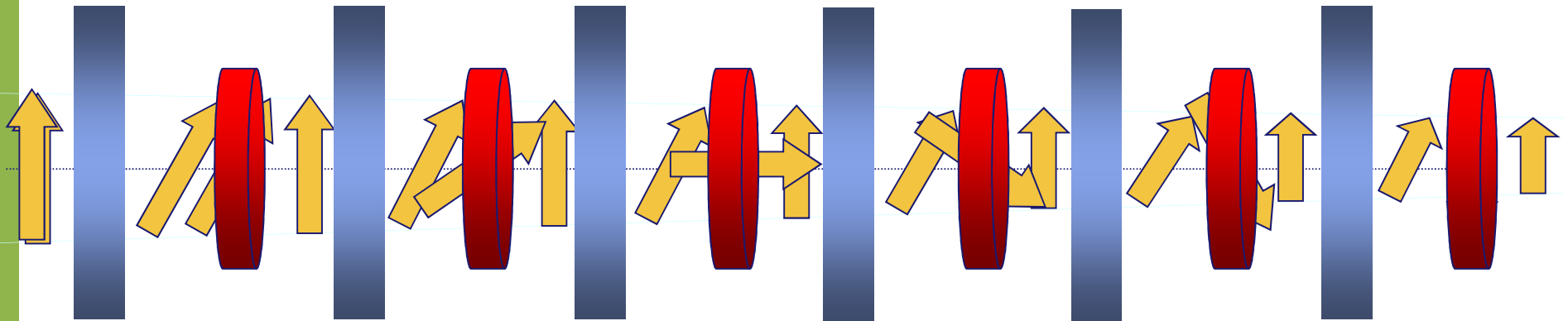
The probability to find the system in \mathcal{H}_P reads

$$p^{(N)}(t) = \text{Tr}[V_N(t)\rho_0V_N^\dagger(t)] \xrightarrow{N \rightarrow \infty} \text{Tr}[P\rho_0] = 1$$

Quantum Zeno effect: repeated observations in succession inhibit transitions outside \mathcal{H}_P



An Example: Spin in B



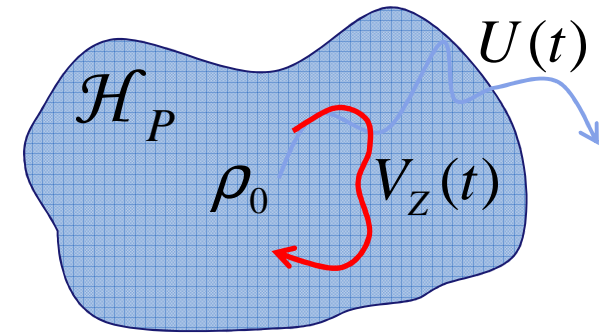
$$p(\theta) = \cos^2 \theta$$

$$p^{(N)}(t) = p\left(\frac{t}{N}\right)^N = \left[\cos^2\left(\frac{t}{\tau_Z N}\right)\right]^N \approx 1 - \frac{t^2}{\tau_Z^2 N} \xrightarrow{N \rightarrow \infty} 1$$



Incomplete measurements

Multidimensional $\mathcal{H}_P = P\mathcal{H}$, $\text{Tr } P > 1$,
 bounded Hamiltonian, $\|H\| < \infty$,



Limiting time evolution

$$V_Z(t) = \lim_{N \rightarrow \infty} V_N(t) = \lim_{N \rightarrow \infty} [PU(t/N)P]^N = P \exp(-iPHPt)$$

unitary in \mathcal{H}_P , i.e. PHP self - adjoint in \mathcal{H}_P .

The state of the system Q is not *completely* specified
 but can *evolve* in a suitable subspace \mathcal{H}_P (instead of evolving
 "naturally" in the total Hilbert space \mathcal{H}).



Nonselective measurement

$$\text{Partition } \mathcal{H} = \bigoplus_n \mathcal{H}_{P_n}, \quad \sum_n P_n = 1$$

$$\hat{P}\rho_0 = \sum_n P_n \rho_0 P_n \quad \hat{P}\rho = \sum_n P_n \rho P_n$$

$$\rho(t) = \hat{V}_t^{(N)} \rho_0$$

$$\rho(t) = \hat{U}_Z(t) \rho_0 = \sum_n U_Z^{(n)}(t) \rho_0 U_Z^{(n)\dagger}(t)$$

$$U_Z^{(n)}(t) = P_n \exp(-i P_n H P_n t)$$

Time evolution operator
for the n-th subspace

$$H_Z = \hat{P} H = \sum_n P_n H P_n$$

Zeno Hamiltonian

$$p_n(t) = \text{Tr}[\rho(t) P_n] = \text{Tr}[U_Z^{(n)}(t) \rho_0 U_Z^{(n)\dagger}(t)] = \text{Tr}[\rho_0 P_n] = p_n(0)$$

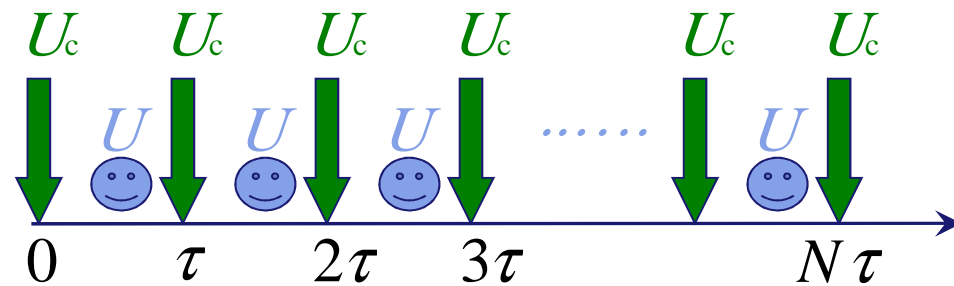


Unitary kicks

Q undergoes N kicks U_c (instantaneous unitary transformations) in a time interval t ($P \rightarrow U_c$)

$$V_N(t) = \left[U_c U \left(\frac{t}{N} \right) \right]^N,$$

$$U(t) = \exp(-iHt)$$



Limiting evolution $N \rightarrow \infty$

$$V_Z(t) = \lim_{N \rightarrow \infty} U_c^{\dagger N} V_N(t) = \exp(-iH_Z t)$$

$$H_Z = \sum_n P_n H P_n, \quad U_c = \sum_n e^{-i\lambda_n} P_n$$

$$V_Z(t) = \sum_n P_n \exp(-iP_n H P_n t)$$

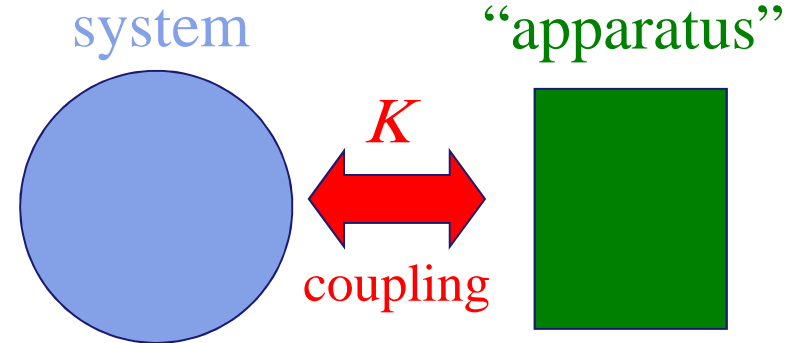
Dynamical decoupling
“Bang-bang” control



Continuous coupling

Observed system + "apparatus"

$$H_K = H + KH_c, \quad U_K = \exp(-iH_K t)$$



H system Hamiltonian (+ apparatus free Hamiltonian)

H_c interaction between system and apparatus

K strength of the "measurement".

Strong coupling limit $K \rightarrow \infty$

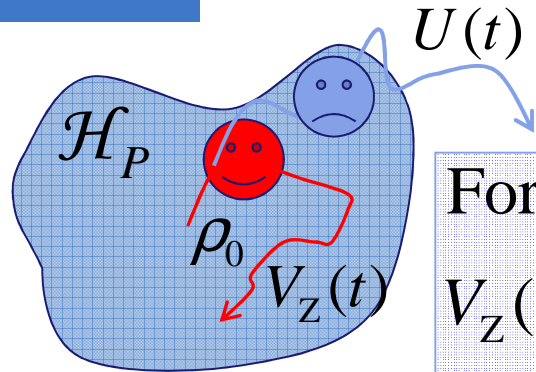
$$V_Z(t) = \lim_{K \rightarrow \infty} \exp(iKH_c t) U_K(t) = \exp(-iH_Z t)$$

$$H_Z = \sum_n P_n H P_n, \quad H_c = \sum_n \lambda_n P_n$$

$$V_Z(t) = \sum_n P_n \exp(-iP_n H P_n t)$$



The quantum Zeno dynamics



Is the Zeno dynamics unitary?

(Misra and Sudarshan 1977: semigroup)

For H bounded,

$$V_Z(t) = \lim_{N \rightarrow \infty} [PU(t/N)P]^N = P \exp(-iH_Z t)$$

unitary in \mathcal{H}_P , i.e. $H_Z = PHP$ self-adjoint in \mathcal{H}_P .

For H unbounded,

$$V_Z(t) = \lim_{N \rightarrow \infty} [PU(t/N)P]^N \stackrel{?}{=} P \exp(-iH_Z t)$$

PHP in general is not self-adjoint, nor even closed

Answer: under general hypotheses **YES**

$$H_Z = (H^{1/2}P)^\dagger (H^{1/2}P),$$

if H_Z densely defined.



Free particle in D dimensions

$$H = \frac{p^2}{2M} = -\frac{\Delta^2}{2M}, \quad U(t) = \exp(-iHt) \quad \text{in } L^2(\mathbf{R}^D)$$

$\Omega \subset \mathbf{R}^D$, $P = \chi_\Omega(x)$ spatial projection

$$\text{Zeno dynamics } V_Z(t) = \lim_{N \rightarrow \infty} \left[V\left(\frac{t}{N}\right) \right]^N, \quad V(s) = PU(s)P$$

How does the particle move inside Ω ? Does it leak out?

THEOREM

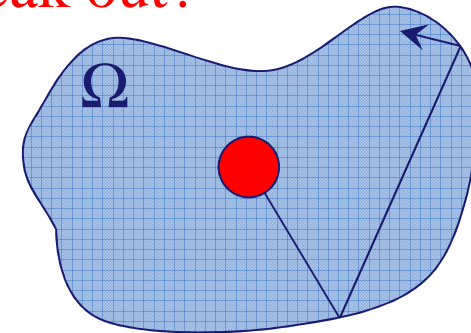
The limit $V_Z(t)$ exists and yields

$V_Z(t) = P \exp(-iH_Z t)$, a **unitary group** in $L^2(\Omega)$

where the Zeno Hamiltonian reads

$$H_Z = -\frac{\Delta^2}{2M}, \quad D[H_Z] = \{\psi \in H^2(\Omega) \mid \psi(\partial\Omega) = 0\}$$

Dirichlet boundary conditions

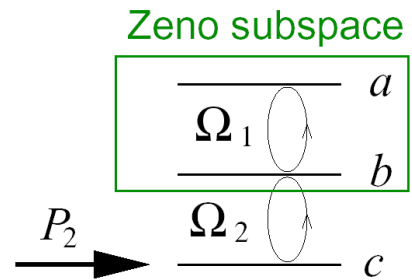


Free particle in a box with
perfectly reflecting hard
walls

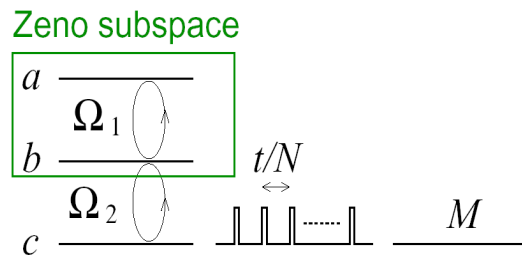
...although there is **NO** wall!



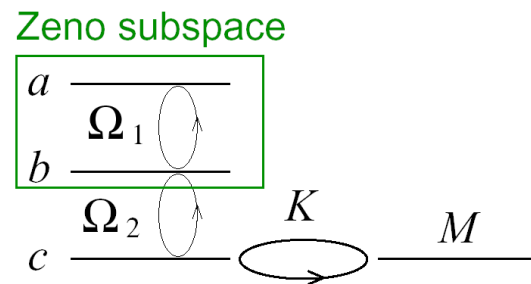
Different manifestations of the same physical phenomenon



Von Neumann Measurements
(projections)



Unitary kicks
(bang-bang control)



Continuous coupling



Nonselective measurement

EXAMPLE:

$$H = \Omega_1(|a\rangle\langle b| + |b\rangle\langle a|) + \Omega_2(|b\rangle\langle c| + |c\rangle\langle b|) = \begin{pmatrix} 0 & \Omega_1 & 0 \\ \Omega_1 & 0 & \Omega_2 \\ 0 & \Omega_2 & 0 \end{pmatrix}.$$

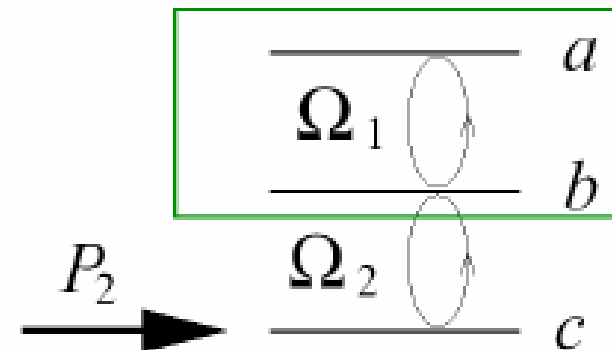
$$P_1 = |a\rangle\langle a| + |b\rangle\langle b| = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix}, \quad P_2 = |c\rangle\langle c| = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 1 \end{pmatrix}, \quad (P_1 + P_2 = \mathbf{1})$$

$$H_Z = P_1 H P_1 + P_2 H P_2 = \begin{pmatrix} 0 & \Omega_1 & 0 \\ \Omega_1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}.$$

$$H = \begin{pmatrix} 0 & \Omega_1 & 0 \\ \Omega_1 & 0 & \Omega_2 \\ 0 & \Omega_2 & 0 \end{pmatrix} \rightarrow \begin{pmatrix} 0 & \Omega_1 & 0 \\ \Omega_1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} = H_Z$$

Zeno limit ($N \rightarrow \infty$)

Zeno subspace



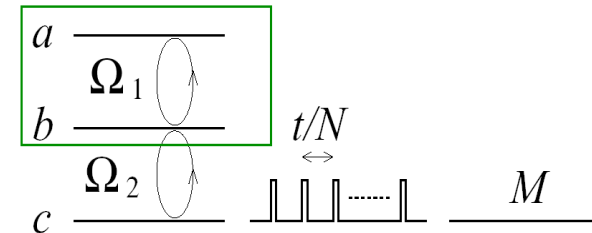


Unitary kicks

EXAMPLE:

$$U_{\text{kick}} = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & \cos \lambda & -i \sin \lambda \\ 0 & 0 & -i \sin \lambda & \cos \lambda \end{pmatrix}$$

Zeno subspace



$$H = \begin{pmatrix} 0 & \Omega_1 & 0 & 0 \\ \Omega_1 & 0 & \Omega_2 & 0 \\ 0 & \Omega_2 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \rightarrow \begin{pmatrix} 0 & \Omega_1 & 0 & 0 \\ \Omega_1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} = H_Z$$

Zeno limit ($N \rightarrow \infty$)

$$U_N(t) \sim \exp \left(-i \sum_n N \lambda_n P_n + P_n H P_n t \right) = \begin{pmatrix} \cos \Omega_1 t & -i \sin \Omega_1 t & 0 & 0 \\ -i \sin \Omega_1 t & \cos \Omega_1 t & 0 & 0 \\ 0 & 0 & \cos N \lambda & -i \sin N \lambda \\ 0 & 0 & -i \sin N \lambda & \cos N \lambda \end{pmatrix}.$$

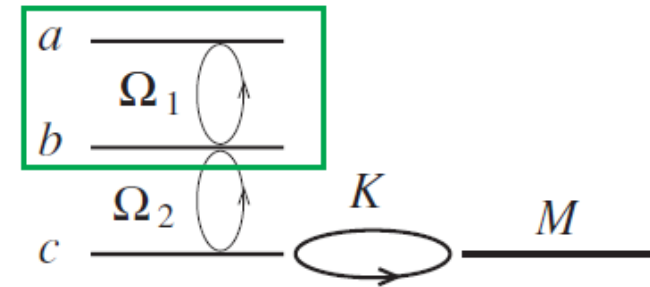


Continues strong coupling

$$KH_c = K(|c\rangle\langle M| + |M\rangle\langle c|) = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & K \\ 0 & 0 & K & 0 \end{pmatrix}$$

$$H_c = \eta_1 P_1 + \eta_- P_- + \eta_+ P_+, \quad \eta_1 = 0, \eta_{\pm} = \pm 1$$

Zeno subspace



$$H = \begin{pmatrix} 0 & \Omega_1 & 0 & 0 \\ \Omega_1 & 0 & \Omega_2 & 0 \\ 0 & \Omega_2 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \xrightarrow{\text{Zeno limit}} \begin{pmatrix} 0 & \Omega_1 & 0 & 0 \\ \Omega_1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} = H_Z$$

Zeno limit $(K \rightarrow \infty)$

$$U_K(t) \sim \exp\left(-i \sum_n Kt \eta_n P_n + P_n H P_n t\right) = \begin{pmatrix} \cos \Omega_1 t & -i \sin \Omega_1 t & 0 & 0 \\ -i \sin \Omega_1 t & \cos \Omega_1 t & 0 & 0 \\ 0 & 0 & \cos Kt & -i \sin Kt \\ 0 & 0 & -i \sin Kt & \cos Kt \end{pmatrix}$$



Superselection rule

